


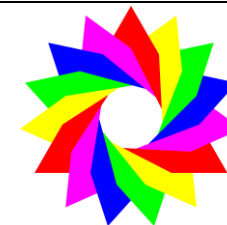


ELEMENTARY MENU GRADES PreK-6

SY 2023-24

w k 1	MONDAY 1/15	TUESDAY 1/16	LEAN AND GREEN WEDNESDAY 1/17	THURSDAY 1/18	FRIDAY 1/19
				Cinnamon French Toast (37g)	Maple Waffles (37g)
L u n c h	NO SCHOOL	NO STUDENTS	NO STUDENTS	Hamburger/Bun (25g) D Pepperoni Pizza (29g) Garden Salad with Egg & Cheese (5g) & Bread (12g) <> Emoji Potato (18g)	Toasted Cheese Sandwich (31g) <> Dill Turkey Nuggets (15g) & Bread (12g) D Rotisserie Chicken and Cheese on Bun (31g)
w k 2	MONDAY 1/22	TUESDAY 1/23	LEAN AND GREEN WEDNESDAY 1/24  OHIO DAY	THURSDAY 1/25	FRIDAY 1/26
B	Mini Bagels Strawberry Creamy Cheese (42g)	Triple Berry French Toast (36g)	Mini Cinnis (39g)	Breakfast Pizza with Beef and Red Sauce (17g)	Blueberry Waffles (37g)
L u n c h	Chicken Drumstick (5g) D & Cornbread (39g) Turkey Sausage/French Toast (41g) 2 Peeps {hard-boiled eggs 2g} & Bread (12g) <> D	Fiestada Sandwich (31g) Impossible Burger on Bun (32g) <> D Buffalo Chicken and Cheese on Bun (30g) Green Beans (5g)	 Veggie Grillers Prime Burger on Bun (31g) <> D Toasted Cheese Sandwich (31g) <> Yogurt (12g)/Cheese Stick (1g) & Granola (15g) & Bread (12g) <>  Sweet Potatoes (32g)	Walking Taco (25g) & Bread (12g) Cheese-Pizza (29g)-<> Turkey Sticks with Tortilla Strips (23g) & Bread (12g) D Corn (14g)	Chicken Patty on Bun (34g) D Beef Cheeseburger (27g) Cheese Cup (13g) and Cheese Stick (1g) & Pretzel Bites (25g) <> Baked Beans (30g)
	<u>CHOOSE 1 MAIN ENTRÉE OR CHOOSE 2 OF THESE AT BREAKFAST (B):</u> Assorted Cereal (20-25g) or Granola (15g) or Graham Cracker (19g) or Yogurt (14g) or Cheese Stick (1g) Apple juice and orange juice (14g) offered at breakfast. Students may have as much fresh fruit that they would like to eat. A choice of 1% low fat white milk (12g), or skim chocolate milk (24g) offered at breakfast/lunch. <u>A complete breakfast and lunch are FREE to every student!!</u>		Grams of carbohydrate for each food are listed as (g). D Dairy-free entrée <> Vegetarian lunch daily including all lunches on Lean and Green Wednesdays Fresh fruits and vegetables, such as broccoli and carrots, offered at lunch daily. Pork, seafood, and nut-containing products are not offered. Menu is subject to change. This institution is an equal opportunity provider. Revised 1/31/2024		



ELEMENTARY MENU GRADES PreK-6 SY 2023-24

w k 1	MONDAY 1/29	TUESDAY 1/30	LEAN AND GREEN WEDNESDAY 1/31	THURSDAY 2/1	FRIDAY 2/2
	B Mini Bagels with Cinnamon Creamy Cheese (42g)	Chicken Sausage on Pancake Sandwich (16g)	Confetti Pancakes (36g)	Cinnamon French Toast (37g)	Maple Waffles (37g)
L u n c h	Chicken Nuggets (13g) & Bread (12g) D Cheese Pizza (29g) <> Turkey Sticks with Tortilla Strips (23g) & Bread (12g) D	BBQ Beef Rib on Bun (30g) D Toasted Cheese Sandwich (31g) <> Buffalo Chicken and Cheese on Bun (30g) Baked Beans (30g)	Cheese Breadstick (28g) with Marinara Cup <> Penne Alfredo (31g) & Bread (12g) <> 2 Peeps {hard-boiled eggs 2g} & Bread (12g) <> D	Hamburger/Bun (25g) D Pepperoni Pizza (29g) Garden Salad with Egg & Cheese (5g) & Bread (12g) <> Emoji Potato (18g)	Toasted Cheese Sandwich (31g) <> Dill Turkey Nuggets (15g) & Bread (12g) D Rotisserie Chicken and Cheese on Bun (31g)
w k 2	MONDAY 2/5	TUESDAY 2/6	LEAN AND GREEN WEDNESDAY 2/7	THURSDAY 2/8	FRIDAY 2/9
	B Mini Bagels Strawberry Creamy Cheese (42g)	Triple Berry French Toast (36g)		Breakfast Pizza with Beef and Red Sauce (17g)	Blueberry Waffles (37g)
L u n c h	Chicken Drumstick (5g) D & Cornbread (39g) Turkey Sausage/French Toast (41g) 2 Peeps {hard-boiled eggs 2g} & Bread (12g) <> D	Fiestada Sandwich (31g) Impossible Burger on Bun (32g) <> D Buffalo Chicken and Cheese on Bun (30g) Green Beans (5g)	NO STUDENTS	Meatball Sub with Marinara Cup (28g) Cheese-Pizza (29g)-<> Turkey Sticks with Tortilla Strips (23g) & Bread (12g) D Corn (14g)	Chicken Patty on Bun (34g) D Beef Cheeseburger (27g) Cheese Cup (13g) and Cheese Stick (1g) & Breadsticks (28g) <> Baked Beans (30g)
	<u>CHOOSE 1 MAIN ENTRÉE OR CHOOSE 2 OF THESE AT BREAKFAST (B):</u> Assorted Cereal (20-25g) or Granola (15g) or Graham Cracker (19g) or Yogurt (14g) or Cheese Stick (1g) Apple juice and orange juice (14g) offered at breakfast. Students may have as much fresh fruit that they would like to eat. A choice of 1% low fat white milk (12g), or skim chocolate milk (24g) offered at breakfast/lunch. <u>A complete breakfast and lunch are FREE to every student!!</u>		Grams of carbohydrate for each food are listed as (g). D Dairy-free entrée <> Vegetarian lunch daily including all lunches on Lean and Green Wednesdays Fresh fruits and vegetables, such as broccoli and carrots, offered at lunch daily. Pork, seafood, and nut-containing products are not offered. Menu is subject to change. This institution is an equal opportunity provider. Revised 1/31/2024		