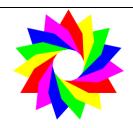




SV 2022-24

	SY 2023-24								
w k 1	MONDAY 1/15	TUESDAY 1/16	LEAN AND GREEN WEDNESDAY 1/17	THURSDAY 1/18	FRIDAY 1/19				
В				Cinnamon French Toast (37g)	Maple Waffles (37g)				
L u n c	NO SCHOOL	NO STUDENTS	NO STUDENTS	Hamburger/Bun (25g) Đ Pepperoni Pizza (29g) Garden Salad with Egg & Cheese (5g) & Bread (12g) <> Emoji Potato (18g)	Toasted Cheese Sandwich (31g) <> Dill Turkey Nuggets (15g) & Bread (12g) Đ Rotisserie Chicken and Cheese on Bun (31g)				
W k 2	MONDAY 1/22	TUESDAY 1/23	LEAN AND GREEN WEDNESDAY 1/24 OHIO DAY	THURSDAY 1/25	FRIDAY 1/26				
В	Mini Bagels Strawberry Creamy Cheese (42g)	Triple Berry French Toast (36g)	Mini Cinnis (39g)	Breakfast Pizza with Beef and Red Sauce (17g)	Blueberry Waffles (37g)				
L u n c	Chicken Drumstick (5g) Đ & Cornbread (39g) Turkey Sausage/French Toast (41g) 2 Peeps {hard-boiled eggs 2g) & Bread (12g) <> D	Fiestada Sandwich (31g) Impossible Burger on Bun (32g) <> D Buffalo Chicken and Cheese on Bun (30g) Green Beans (5g)	Veggie Grillers Prime Burger on Bun (31g) <> D Toasted Cheese Sandwich (31g) <> Yogurt (12g)/Cheese Stick (1g) & Granola (15g) & Bread (12g) <> Sweet Potatoes (32g)	Walking Taco (25g) & Bread (12g) Cheese-Pizza (29g)-<> Turkey Sticks with Tortilla Strips (23g) & Bread (12g) Đ Corn (14g)	Chicken Patty on Bun (34g) Đ Beef Cheeseburger (27g) Cheese Cup (13g) and Cheese Stick (1g) & Pretzel Bites (25g) <> Baked Beans (30g)				
	CHOOSE 1 MAIN ENTRÉE OR CHOOSE 2 OF THESE AT BREAKFAST (B): Assorted Cereal (20-25g) or Granola (15g) or Graham Cracker (19g) or Yogurt (14g) or Cheese Stick (1g) Apple juice and orange juice (14g) offered at breakfast. Students may have as much fresh fruit that they would like to eat. A choice of 1% low fat white milk (12g), or skim chocolate milk (24g) offered at breakfast/lunch. A complete breakfast and lunch are FREE to every student!!		Grams of carbohydrate for each food are listed as (g). D Dairy-free entrée Vegetarian lunch daily including all lunches on Lean and Green Wednesdays Fresh fruits and vegetables, such as broccoli and carrots, offered at lunch daily. Pork, seafood, and nut-containing products are not offered. Menu is subject to change. This institution is an equal opportunity provider. Revised 1/31/2024						





SY 2023-24

w	MONDAY 1/29	TUESDAY 1/30	LEAN AND GREEN	THURSDAY 2/1	FRIDAY 2/2
k 1		1 0 20 2 1 1 1 1 3 0	WEDNESDAY 1/31	22202202121 =, 2	1142111 = 1
В	Mini Bagels with Cinnamon	Chicken Sausage on Pancake	Confetti Pancakes (36g)	Cinnamon French Toast (37g)	Maple Waffles (37g)
	Creamy Cheese (42g)	Sandwich (16g)			
Г	Chicken Nuggets (13g) & Bread	BBQ Beef Rib on Bun (30g) Đ	Cheese Breadstick (28g) with	Hamburger/Bun (25g) Đ	Toasted Cheese Sandwich (31g)
u	(12g) Đ	Toasted Cheese Sandwich (31g)	Marinara Cup <>	Pepperoni Pizza (29g)	<>
u	Cheese Pizza (29g) <>	<>	Penne Alfredo (31g) & Bread	Garden Salad with Egg & Cheese	Dill Turkey Nuggets (15g) &
n	Turkey Sticks with Tortilla Strips	Buffalo Chicken and Cheese on	(12g) <>	(5g) & Bread (12g) <>	Bread (12g) Đ
С	(23g) & Bread (12g) Đ	Bun (30g)	2 Peeps {hard-boiled eggs 2g)	Emoji Potato (18g)	Rotisserie Chicken and Cheese
h		Baked Beans (30g)	& Bread (12g) <> D		on Bun (31g)
W	MONDAY 2/5	TUESDAY 2/6	LEAN AND GREEN	THURSDAY 2/8	FRIDAY 2/9
К 2			WEDNESDAY 2/7		
В	Mini Bagels Strawberry Creamy	Triple Berry French Toast (36g)		Breakfast Pizza with Beef and	Blueberry Waffles (37g)
	Cheese (42g)			Red Sauce (17g)	
L	Chicken Drumstick (5g) Đ	Fiestada Sandwich (31g)	NO STUDENTS	Meatball Sub with Marinara Cup	Chicken Patty on Bun (34g) Đ
	& Cornbread (39g)	Impossible Burger on Bun (32g) <>		(28g)	Beef Cheeseburger (27g)
u	Turkey Sausage/French Toast	D		Cheese-Pizza (29g) <>	Cheese Cup (13g) and Cheese
n	(41g)	Buffalo Chicken and Cheese on		Turkey Sticks with Tortilla Strips	Stick (1g) & Breadsticks (28g) <>
C	2 Peeps {hard-boiled eggs 2g) &	Bun (30g)		(23g) & Bread (12g) Đ	Baked Beans (30g)
	Bread (12g)	Green Beans (5g)		Corn (14g)	
h	<> D				
			Grams of carbohydrate for each food are listed as (g).		
	CHOOSE 1 MAIN ENTRÉE OR CHOOSE 2 OF THESE AT BREAKFAST (B): Assorted Cereal (20-25g) or Granola (15g) or Graham Cracker (19g)		Đ Dairy-free entrée <> Vegetarian lunch daily including all lunches on Lean and Green Wednesdays		
	or Yogurt (14g) or Cheese Stick (1g)		Fresh fruits and vegetables, such as broccoli and carrots, offered at lunch daily.		
	5 . 5,	ed at breakfast. Students may have as much	Pork. seafood. and nut-containing products are not offered.		

Apple juice and orange juice (14g) offered at breakfast. Students may have as much fresh fruit that they would like to eat. A choice of 1% low fat white milk (12g), or skim chocolate milk (24g) offered at breakfast/lunch. A complete breakfast and lunch are FREE to every student!!

Revised 1/31/2024

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